

WEEK 10

100 days of Blessing Your Children

Days 63-69

Causeway Coast Vineyard

The Promise of Blessing

The truth we begin from is that God, who is sovereign, all-powerful and the creator and one who sustains all things:

- Does great and marvellous deeds
- Loves us
- Desires to give us abundantly more than we can ask or imagine

When this truth becomes a deep 'knowing' within our hearts and minds, we can expect God to do incredible and miraculous things, when we call forth the promises within His word. With each of God's blessings in the Bible, there was always a special anointing- an impartation of supernatural power that enabled the people to be blessed. God's blessings:

- Made impossible things possible
- Gave supernatural power, means and ability for living
- Granted spiritual authority to our humanity

As followers of Jesus and heirs of God's Kingdom, we can take authority and claim the rich inheritance promised to us and our families, our children and grandchildren and for generations still to come.

The Concept of Blessing

In the Bible, Abraham was the first man to receive the blessings of a covenant with God. This covenant (promise) contained seven promises, found in Genesis 12:2-3:

- I will make you a great nation
- I will bless you
- I will make your name great
- You shall be a blessing
- I will bless those who bless you
- I will curse him who curses you
- In you all the families of the earth shall be blessed

So how do we become recipients of those same promises made to Abraham?

By activating the power of blessing! We do that by speaking words of blessing based on God's word and the promises we find within it. Giving our lives to God and being members of His family means that we receive full rights of the blessing of our Father and we can pass on His blessing to our loved ones. A great starting point is to fully understand the many promises of which we are heirs through faith in Jesus Christ.

If you are a parent, carer, grandparent, you have spiritual authority over your household and power to speak blessing into the lives of your children and grandchildren. Your words of blessing are energised by the power of God when you speak them.

Over the next 100 days it is our prayer that we join together as parents, carers, grandparents, aunts, uncles and mother and father figures in our community to daily bless our children.

"One generation will commend your works to the next and shall declare your mighty acts." (Psalm 145:4)

Let us bless you as you begin...

May the Lord bless you and keep you. May the Lord make His face to shine upon you, and may He be gracious to you. May the Lord turn His countenance upon you and give peace. As you pray, may you know that God, the faithful One, shows loving-kindness and keeps His promises from one generation to the next. Let all these blessings that you speak by faith in the name of Jesus, rest on the heads of your precious and dearly loved children and grandchildren, both today and for the rest of their lives

In His Name we pray,
Amen

Day 63: Freedom

And on another occasion He said, 'If the Son sets you free, you will be free indeed. - John 8:36

It is for freedom that Christ has set us free. Stand firm then, do not let yourselves be burdened again by a yoke of slavery." - Galatians 5:1

Do not worry about anything, instead pray about everything. Tell God what you need and thank Him for all He has done. - Philippians 4:6-7

In the name of Jesus Christ...

I bless you with freedom from stress, frustration, anxiety and depression. You will be able to face the events of your life with peace of mind and an inner joy that will dispel all negative emotions.

I bless your mind's pathways and thinking patterns to be found in hope, assurance, contentment, peace and freedom.

I bless your thoughts to be ordered, steadied, rational and focused on the truth. I bless you to pursue His thoughts, his finest details for the beautiful story that is your life.

I bless you to glorify God by following His instruction to not worry about anything. Instead, you will pray about everything, telling Him your needs and thanking Him for His presence and provision. You are blessed with a free spirit that is unaffected by worry.

I bless you to choose to live in freedom by : pursuing His heart; following His ways; believing His promises; keeping His commands and firmly fixing your eyes, mind and soul on Jesus.

I bless your voice and hands to bring freedom to the captives. To break strongholds in Jesus' name, bringing the light-giving message of Jesus to those living in fear, restriction, pain, sadness or turmoil.

I bless your life, in Jesus name to be marked by freedom throughout all your days.

Day 64: Relationships

Perfume and incense bring joy to the heart, and the pleasantness of a friend springs from their heartfelt advice. – Proverbs 27:9

A friend loves at all times. – Proverbs 17:17

My command is this: Love each other as I have loved you. Greater love has no one than this: to lay down one's life for one's friends. You are my friends if you do what I command. – John 15:12-15

In the name of Jesus Christ...

I bless you with close, trusted and secure relationships that bring you joy and provide you with a safe place to be and to remain.

I bless you with friends who allow you to be your true self and those who cheer your successes and minimise your losses.

I bless you with life-long relationships that are packed full of adventures, stories, memories and fun. May each of your moments with friends and loved ones bring laughter, shelter, shared admiration, celebration and understanding.

I bless you with the wisdom and courage to walk away from those friendships that lack value, honesty and intentionality.

I bless you with discernment and a firm hold of values as you choose your trusted circle of people.

I bless you to love your friends and family, as Jesus has loved you and to follow His example. May you be a gatherer of people, one who looks for the one left behind and welcomes them in.

I bless you to be loyal, faithful, trustworthy and unselfish and to love your friends and neighbours as you love yourself.

I bless you to value your friendship with Jesus first, above all others and to keep holding His hand and listening for His approval above all the rest, always.

Day 65: Grace & Forgiveness

For if you forgive other people when they sin against you, your heavenly Father will also forgive you. - Matthew 6:14

If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness. - 1 John 1:9

For I will be merciful to their unrighteousness, and their sins and their lawless deeds I will remember no more. - Hebrews 8:12

Blessed is the one whose transgressions are forgiven, whose sins are covered. Blessed is the one whose sin the Lord does not count against them and in whose spirit is no deceit. - Psalm 32:1-2

In the name of Jesus Christ...

I bless your mind, heart and soul to know, experience and exercise grace and forgiveness, all the days of your life.

I bless you to be one who does not keep a record of wrongs, nor store up bitterness in your heart. Bitterness will always seek to trap and destroy, but forgiveness will lead to your freedom, blessing and good health.

I bless you to refuse to allow offense to take hold of your heart. May the Lord daily lead you into humility and understanding that you have been forgiven much and must also forgive others.

May you have wisdom and serenity to accept the things you cannot change and emerge stronger, rooted within His grace and matchless love for you.

I bless you to be one who apologises easily, refusing to allow pride or anger to have the final say in your heart.

Where necessary, I bless you with discernment and courage to move on from repeated patterns of poor behaviour from those who refuse to apologise, change or exercise forgiveness. May you always allow God to search your heart and may you be willing to repent, forgive, resolve and let go.

Letting go of grudges and releasing the grip of past hurts will enable you to embrace forgiveness, not as an act of weakness, but as a courageous and liberating choice that brings peace and joy.

I bless you, in the name of Jesus, to be one who forgives yourself all the days of your life. You have not been created to live in guilt or shame and I bless you to know His forgiveness and freedom for your soul.

May you always remember and give thanks for His forgiveness and humbly walk in it.

May you have a clear understanding of His word, His correction and His invitation into grace and forgiveness.

I bless you to know your Heavenly Father is compassionate and merciful, all the days of your life.

Day 66: Compassion

Blessed are the merciful, for they will be shown mercy. – Matthew 5:7

Finally, all of you, have unity of mind, sympathy, brotherly love, a tender heart, and a humble mind. – 1 Peter 3:8

Light dawns in the darkness for the upright; he is gracious, merciful, and righteous. – Psalm 112v4

In the name of Jesus Christ...

I bless you to walk in grace, mercy and compassion, all the days of your life.

The essence of mercy and compassion lies in our ability to see beyond ourselves, embracing the joys and sorrows of others.

I bless your eyes to see beyond differences, and to recognise the needs and distress of others; I bless your heart to show pity and empathy always; and I bless your will to make every effort to support and offer help.

I bless you to choose forgiveness and extend compassion to those who have hurt your heart, whether deliberately or unintentionally, knowing that it is not only His will for us to show godly mercy towards others, but also that we become equal beneficiaries, when our heart is flooded with mercy and forgiveness.

I bless you to be one who intercedes for others- One who stands in the gap. One who spends hours praying on the behalf of others. I bless you to be faithful, persistent, unselfish and empathetic in your prayers for others, all the days of your life.

bless you be compassionate and merciful towards yourself. I bless you with His truth and wisdom that transcends all fear, doubt, regret and insecurities. May His glory be reflected in every act of kindness and grace you bestow upon yourself.

May you never cease to remember your worth in His eyes, throughout all your days.

Day 67: Faith & Salvation

Let us draw near with a sincere heart in full assurance of faith, having our hearts sprinkled clean from an evil conscience and our bodies washed with pure water. – Hebrews 10:22

Now faith is the assurance of things hoped for, the conviction of things not seen. – Hebrews 11:1

Though a host encamp against me, My heart will not fear; Though war arise against me, In spite of this I shall be confident. One thing I have asked from the Lord, that I shall seek: That I may dwell in the house of the Lord all the days of my life, to behold the beauty of the Lord And to meditate in His temple. – Psalm 27:3-5

In the name of Jesus Christ...

I bless you with the gift of faith – faith to believe that with God all things are possible – so that you can be brought into the place of highest honour and privilege in the things of God.

I bless you with a faith that will enable you to be completely sure that God is able to do anything He has promised.

I bless you with faith to believe for miracles in your life: miracles of salvation, miracles of healing, miracles of provision, miracles of positioning and promotion. I bless you as you look to Jesus and embrace them all.

I bless you to know and deeply hold to the God of miracles.

I bless you with faith that waits, faith that steadies, faith that endures and faith that expects.

I bless you with faith that speaks and moves, as you share His truth with those around you.

May He bring you forth with joy and wonder because of His mighty, miracle-working power and may you hold to child-like faith all the days of your life, as you believe God.

I bless you to live in the blessing, full assurance and hope of your salvation, all the days of your life. May your faith be certain, assured, steadfast and unwavering.

I bless you with the assurance that nothing you will ever endure is beyond His redemption or healing power.

May you know that His love for you is far greater than your feelings or expectations and beyond even your highest thought of His best thought towards you.

I bless you to believe impossible things are made possible and every stronghold is broken and overcome in and through the name of Jesus.

Fear and doubt have no place in your life, because they are not from Himself.

May you be confident that no weapons formed against you will prosper, because God is for you—who can be against you?

For in the day of trouble He will conceal you in His tabernacle; In the secret place of His tent, He will hide you; He will lift you up on a rock. You are blessed coming in and blessed going out. Your enemies shall come up against you and God will cause them to flee. All that you set your hands to do will prosper. All the people of the earth shall see that you are called by the name of the Lord.

I bless you to know that you are a lender and not a borrower. The Lord has made you plenteous in goods.

You are the head and not the tail. You are above only and not beneath. Neither death, nor life, nor angels, nor principalities, nor powers, nor things present, nor things to come, nor height, nor depth, nor any other creature shall be able to separate you from the love of God, all the days of your life.

Day 68: Empathy

Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you. - Ephesians 4:32

Whoever goes hunting for what is right and kind finds life itself-glorious life. Proverbs 21:21 MSG

In the name of Jesus Christ...

I bless your mind heart and soul to nurture empathy and offer it as a gift to those around you, all the days of your life.

I bless your heart to be tender, compassionate and empathetic. A heart that beats for others. May your soul be a wellspring that overflows goodness, gentleness and deep, loving kindness.

I bless your speech to use pleasant and kind words in all of your conversations. I bless your heart and soul to love, respect and be understanding of others, regardless of their appearance, status, viewpoint or position.

I bless your hands to care and embrace, to reach out and to willingly provide for others in need.

I bless you with a desire to welcome others. May you get along easily with all kinds of people, loving them with the love you receive daily from your heavenly Father.

Because of your sweet, kind spirit, others will consider you to be a channel through which God is shedding His light and loving kindness upon the earth.

Day 69: Your Words

Those who guard their mouths and their tongues keep themselves from calamity. - Proverbs 21:23

Instead, speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is, Christ. - Ephesians 4:15

Likewise, the tongue is a small part of the body, but it makes great boasts. Consider what a great forest is set on fire by a small spark. - James 3:5

Set a guard over my mouth, Lord; keep watch over the door of my lips. Psalm 141:3

In the name of Jesus Christ...

I bless your tongue to worship Him.

I bless your mouth to speak words that encourage, affirm and empower those around you. May you be “quick to listen, slow to speak and slow to become angry.”

I bless you to learn in early days to weigh your words and measure your thoughts before you release them from your lips.

I bless you with an understanding of how important it is in life to set a guard over your mouth and to keep watch over the words you share. You will not speak negative and hurtful words that cause pain and wound spirits.

I bless you to always speak the truth, in love. I bless your conversations to be wholesome, pure, gentle, kind and considered. May your words bring hope, assurance, comfort and happiness to others.

You will learn to express kind words and profitable advice that will edify your family, friends and strangers, all the days of your life.