

WEEK 8

# 100 days of Blessing Your Children

Days 50–56

Causeway Coast Vineyard

# The Promise of Blessing

The truth we begin from is that God, who is sovereign, all-powerful and the creator and one who sustains all things:

- Does great and marvellous deeds
- Loves us
- Desires to give us abundantly more than we can ask or imagine

When this truth becomes a deep 'knowing' within our hearts and minds, we can expect God to do incredible and miraculous things, when we call forth the promises within His word. With each of God's blessings in the Bible, there was always a special anointing- an impartation of supernatural power that enabled the people to be blessed. God's blessings:

- Made impossible things possible
- Gave supernatural power, means and ability for living
- Granted spiritual authority to our humanity

As followers of Jesus and heirs of God's Kingdom, we can take authority and claim the rich inheritance promised to us and our families, our children and grandchildren and for generations still to come.

## The Concept of Blessing

In the Bible, Abraham was the first man to receive the blessings of a covenant with God. This covenant (promise) contained seven promises, found in Genesis 12:2-3:

- I will make you a great nation
- I will bless you
- I will make your name great
- You shall be a blessing
- I will bless those who bless you
- I will curse him who curses you
- In you all the families of the earth shall be blessed

So how do we become recipients of those same promises made to Abraham?

By activating the power of blessing! We do that by speaking words of blessing based on God's word and the promises we find within it. Giving our lives to God and being members of His family means that we receive full rights of the blessing of our Father and we can pass on His blessing to our loved ones. A great starting point is to fully understand the many promises of which we are heirs through faith in Jesus Christ.

If you are a parent, carer, grandparent, you have spiritual authority over your household and power to speak blessing into the lives of your children and grandchildren. Your words of blessing are energised by the power of God when you speak them.

Over the next 100 days it is our prayer that we join together as parents, carers, grandparents, aunties, uncles and mother and father figures in our community to daily bless our children.

"One generation will commend your works to the next and shall declare your mighty acts." (Psalm 145:4)

Let us bless you as you begin...

May the Lord bless you and keep you. May the Lord make His face to shine upon you, and may He be gracious to you. May the Lord turn His countenance upon you and give peace. As you pray, may you know that God, the faithful One, shows loving-kindness and keeps His promises from one generation to the next. Let all these blessings that you speak by faith in the name of Jesus, rest on the heads of your precious and dearly loved children and grandchildren, both today and for the rest of their lives

In His Name we pray,  
Amen

# Day 50: Overcomer

To him that overcomes will I grant to sit with me in my throne, even as I also overcame, and am set down with my Father in his throne. - Revelation 3:21

For whatsoever is born of God overcomes the world: and this is the victory that overcomes the world, even our faith. - 1 John 5:4-5

For I know the plans I have for you, declares the Lord, plans to prosper you and not to harm you, to give you a future and a hope. - Jeremiah 29:11)

## In the name of Jesus Christ...

I bless you to be an overcomer, all the days of your life.

I bless you with steadfast hope that rises and overcomes despair, during even the toughest of challenges, trials and times.

In moments of change and transition, I bless your mind, heart and soul to rely on the eternal grace and wisdom of your Heavenly Father who will uphold you with His right hand.

I bless you to allow Holy Spirit to set a guard of protection around your heart as He protects and intercedes for you when you are weary, weak or overwhelmed.

I bless you to stand firm in the promise of a hope-filled, abundant life, designed and purposed by the Father Himself.

I bless you to position yourself in His victory. To live from faith and remain in faith. Fear does not have a foothold in your life.

I bless you with His plans to prosper you and not to harm you, as you keep close to Jesus. May you keep hope as your life's anthem and daily song on your lips.

I bless you to be a hope-carrier to others, who need to know the fullness of His promise for them also. I bless your heart to choose to keep hope alive, until the unseen promises of God in your life, become a reality.

I bless your mind, soul and strength to position themselves in the 'land of hope.' I bless your feet to firmly plant themselves there and always choose to move forwards from there, all the days of your life.

I bless your future, one that is filled with His dreams and promises for your welfare and your joy. May the God of all Hope give you a full measure today and always.

# Day 51: Happiness

You will show me the paths of life; in your presence there is fullness of joy. – Psalm 16:11

Do not grieve, for the joy of the Lord is your strength. – Nehemiah 8:10

## In the name of Jesus Christ...

I bless your heart, soul and mind with joy, because the joy of the Lord is your strength. I bless your thoughts to fix themselves on the things that God has created for your pleasure and let them fill you with happiness.

I bless your eyes to see the beauty of creation and God's creative handiwork. See with your spiritual eyes the glory of nature, the animals, landscapes, skies and horizons, all made for your enjoyment.

I bless you to take note of the details in God's colours all around you. I bless you to find joy in your everyday life, as you content yourself in simple things that bring smiles and fun.

I bless you to be found in His presence when your heart feels sad, discontent or overwhelmed. May you allow Him to breathe His joy-giving life into your soul again!

I bless you to always search for moments of His glory and wonder everywhere, even in unexpected places. I bless you to find joy and carry joy to those you love.

I bless you to make time for fun, surprise and spontaneity in life!

I bless you to remain close to Jesus. He is your joy. Joy is being found and positioned within His perfect purpose and plan for your life.

I bless your relationships with laughter and adventure. I bless you to choose to guard and contend for your happiness when life is difficult. May your heart look up to find the goodness of God and may your soul be strengthened and renewed in His presence.

# Day 52: A Peaceable Spirit

Better a patient person than a warrior, one with self-control than one who takes a city. – Proverbs 16:32

My dear brothers and sisters, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry, because human anger does not produce the righteousness that God desires. – James 1:19-20

But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control. – Galatians 5:22-23

A wrathful man stirs up discord, but one slow to anger calms strife – Proverbs 15:18

Do not be quickly provoked in your spirit, for anger resides in the lap of fools. – Ecclesiastes 7:9

## In the name of Jesus Christ...

I bless you with a calm and peaceable spirit. I bless you to be self-controlled, gentle and slow to anger. May your character be one that is level-headed, even under pressure and one who exudes patience and understanding.

I bless you to guard your heart against anger and bitterness. With your eyes fixed on Jesus and your heart set on loving others as He loves you, you will not have a judgemental, unkind or critical spirit. I bless you with a firm control of your words, actions and behaviours. They will be rooted in love, patience, forgiveness, kindness and empathy, all the days of your life.

I bless you with the intelligence to be self-aware and reflective, with a desire to exemplify the person God has created you to be in Christ Jesus. May you be willing to accept criticism, correction or advice and may you always be open-minded and understanding of the views of others.

May you disagree in love, rather than let differences bring strife and disunity. I bless you to follow the example of Jesus as one who is gentle, peace-loving, patient, kind, just and forbearing others in love. I bless you with a clear understanding that gentleness and meekness ('patient restraint') are part of your soul's armour. You will not accept anger as your defence or your power. Rather you will always seek the ways of self-control, honour, peace, resolution and reconciliation, all the days of your life.



# Day 53: Wonder

The heavens are telling the glory of God.”(Psalm 19v1)

“Holy, holy, holy is the Lord of hosts; The whole earth is full of his glory! – Isaiah 6:3

While Jesus was here on earth, He offered prayers and pleadings, with a loud cry and tears, to the one who could rescue him from death. And God heard his prayers because of his deep reverence for God. – Hebrews 5:7

...speaking to one another with psalms, hymns, and songs from the Spirit. Sing and make music from your heart to the Lord. – Ephesians 5:19

## In the name of Jesus Christ...

I bless your soul to be one who reveres and one who wonders. May you take great delight in the glory of God on display, all around you. In sunrises and sunsets, the beauty of nature, the sea and of all creation. I bless your eyes to see the glory of God in every place. His infinite perfections, infinite greatness and infinite worth. May you choose to pause, admire and lead others to do the same, when they are too pre-occupied to see His beauty all around.

I bless you be one who reveres the Lord, one who remains in awe and wonder of His supremacy, superlativeness and sovereignty, all the days of your life.

I bless you with the desire to thank and praise God for everything He has done for you and for all that He has promised to you. May you choose daily to remember, to celebrate and to wonder.

I bless you with freedom as you worship and praise your Father. May you be uninhibited in your response to Him - Allowing the overflow of your heart to pour out, through the words of your mouth, with your hands and feet and every other expression of worship, offered from a soul who reveres and deeply loves their Saviour.

I bless you to lead others in worship and praise. They will follow your example of a postured heart before the Father.

I bless you to both experience and release breakthrough for others, as you 'set your face like flint' and choose praise as your weapon within every trial or time of struggle and opposition, all the days of your life.

# Day 54: Blessing Others

And let us consider how we may spur one another on toward love and good deeds, not giving up meeting together, as some are in the habit of doing, but encouraging one another—and all the more as you see the Day approaching. – Hebrews 10:24-25

Therefore encourage one another and build each other up. – 1 Thessalonians 5:11

May the God who gives endurance and encouragement give you the same attitude of mind toward each other that Christ Jesus had. – Romans 15:5

## In the name of Jesus Christ...

I bless you to be one who blesses others, all the days of your life. May you deposit courage as a beautiful gift, deep within the hearts of those around you. May you see those in your world who feel worthless or weary, those who have no place, find the encouragement that you have found in Jesus Christ.

I bless your voice as one that carries authority and weight behind your words, so that when you speak life, others who have been broken or bruised in spirit will be renewed and restored.

I bless you to be one who lifts the heads of others, an upholder of arms, a champion and one who speaks words of celebration, kindness, strength and empowerment.

I bless you to bless your own soul. May you consistently tell your mind to pay attention and your soul to line up with His words and thoughts about you. When you live and walk in His blessing, you begin to do so much more with the things entrusted into your hands.

I bless you to speak words of kindness and strength over yourself. Declaring His promises and greatest blessings for your life! I bless you in the name of Jesus, to refuse to allow discouragement to divert your course or cause deep wounds in your heart. You will not be overwhelmed or torn down by the harsh or unmerited words of others, all the days of your life.

# Day 55: Your Path

“Search me O God and know my heart, test me and know my anxious thoughts, see if there be any offensive way in me and lead me on the path everlasting. – Psalm 139:23-24

Trust in the Lord with all your heart and lean not on your own understanding. In all your ways acknowledge Him and He will direct your paths. – Proverbs 3:5-6

## In the name of Jesus Christ...

I bless the choices you will make throughout your life. I pray you will understand their significance and impact upon the bigger story of who God is calling you to be.

I bless you to pursue His thoughts, all the rest are just details. I bless you to always allow Him to ‘unfilter’ your heart, that He may lead you ‘on the path everlasting.’

I bless the ways of your feet- That you will not turn to the right or to the left from the path that God has planned for you. May you have clear direction on the road you are to walk, today and always. When you allow the Lord to direct your steps, He takes delight in each move you make.

I bless you to trust the Father’s heart above your own understanding and hold Him as the guiding light of your life, even during those moments when you feel uncertain or unclear.

I bless you to refuse to settle with anything lesser than the immeasurably more that He has planned for you.

I bless you to lead others into their purpose, in the knowledge that He has plans to prosper them and offers a bright future, filled with promise, all the days of your life.

# Day 56: Committed/ Loyal

He who pursues righteousness and loyalty finds life, righteousness and honour. - Proverbs 21:1

Two are better than one, because they have a good reward for their toil. For if they fall, one will lift up his fellow. But woe to him who is alone when he falls and has not another to lift him up! - Ephesians 4:9-10

## In the name of Jesus Christ...

I bless your mind, heart and soul to be committed, all the days of your life.

I bless you to prize loyalty as a treasured possession. May you be known, marked, seen and noticed by the rest of the world, as one who is fiercely loyal to friends and family. One who chooses to defend and protect those you love.

I bless you to refuse to allow fear of public opinion, loss of popularity or reputation to come against your higher value of standing with and standing up for others.

I bless you to be committed, faithful, honouring, intentional and true within your relationships with those around you, at home, at school and in every field of life you step into.

I bless your workplace and those spaces where you lead, serve and share. May you find favour from those in authority as they see your high value of commitment, integrity and trust.

I bless you to remain committed and faithful to God, always. Loving Him and keeping His commandments, even when it feels difficult, or the world tries to pull you in a different direction.

May you be one who is 'faithful in service, fervent in zeal, serving the Lord,' all the days of your life.

I bless your heart and mind in moments of hardship and pain. May He grant you grace to see beyond your struggle and catch a glimpse of hope ahead.

I bless you to know Jesus as Redeemer. The one who redeems all things. Repairing and restoring what feels broken and without hope. I bless you in times of loneliness, to know the comfort and loving embrace of the Father. May you rest underneath His everlasting arms and rise in His strength.

I bless you to be one who brings comfort to others. In times of great pain, loss or upset, may you be sensitive, empathetic and moved with compassion to provide a warm embrace, a meal, or a place to listen and share. May you always lead others to know and encounter the imperishable hope that is Jesus, all the days of your life.