

WEEK 9

100 days of Blessing Your Children

Days 57-63

Causeway Coast Vineyard

The Promise of Blessing

The truth we begin from is that God, who is sovereign, all-powerful and the creator and one who sustains all things:

- Does great and marvellous deeds
- Loves us
- Desires to give us abundantly more than we can ask or imagine

When this truth becomes a deep 'knowing' within our hearts and minds, we can expect God to do incredible and miraculous things, when we call forth the promises within His word. With each of God's blessings in the Bible, there was always a special anointing- an impartation of supernatural power that enabled the people to be blessed. God's blessings:

- Made impossible things possible
- Gave supernatural power, means and ability for living
- Granted spiritual authority to our humanity

As followers of Jesus and heirs of God's Kingdom, we can take authority and claim the rich inheritance promised to us and our families, our children and grandchildren and for generations still to come.

The Concept of Blessing

In the Bible, Abraham was the first man to receive the blessings of a covenant with God. This covenant (promise) contained seven promises, found in Genesis 12:2-3:

- I will make you a great nation
- I will bless you
- I will make your name great
- You shall be a blessing
- I will bless those who bless you
- I will curse him who curses you
- In you all the families of the earth shall be blessed

So how do we become recipients of those same promises made to Abraham?

By activating the power of blessing! We do that by speaking words of blessing based on God's word and the promises we find within it. Giving our lives to God and being members of His family means that we receive full rights of the blessing of our Father and we can pass on His blessing to our loved ones. A great starting point is to fully understand the many promises of which we are heirs through faith in Jesus Christ.

If you are a parent, carer, grandparent, you have spiritual authority over your household and power to speak blessing into the lives of your children and grandchildren. Your words of blessing are energised by the power of God when you speak them.

Over the next 100 days it is our prayer that we join together as parents, carers, grandparents, aunts, uncles and mother and father figures in our community to daily bless our children.

"One generation will commend your works to the next and shall declare your mighty acts." (Psalm 145:4)

Let us bless you as you begin...

May the Lord bless you and keep you. May the Lord make His face to shine upon you, and may He be gracious to you. May the Lord turn His countenance upon you and give peace. As you pray, may you know that God, the faithful One, shows loving-kindness and keeps His promises from one generation to the next. Let all these blessings that you speak by faith in the name of Jesus, rest on the heads of your precious and dearly loved children and grandchildren, both today and for the rest of their lives

In His Name we pray,
Amen

Day 57: Boldness

“Be strong, be bold, don’t be afraid or frightened, for Adonai your God is with you. He will neither fail you nor abandon you. - Deuteronomy 31:6

Do not be afraid of their faces, For I am with you to deliver you,” says the Lord. - Jeremiah 1:8

In the name of Jesus Christ...

I bless you with boldness to stand in the face of fear and to know that God is your hiding place, your safe refuge, your strength and your deliverer, all the days of your life.

I bless your mind, heart and soul to not be afraid or terrified, for the Lord your God goes before you, behind you and beside you. He will never leave you and will always be with you. Every place you set your feet will be victorious.

No weapon will come against you. No one will be able to stand up against the mighty shield - that is Jesus, your defender who will not step down or back away.

I bless you with the knowledge that in the time of trouble, your Heavenly Father will hide you. His faithful promises will be your armour. His angels will help you and give you support.

God has not given you a spirit of fear. He has blessed you with power, love and a sound mind. These are the essence of your courage.

I bless you to clothe yourself each day with boldness and authority. To know who you belong to and what He lovingly speaks over your life.

Day 58: Health/ Wellbeing

The LORD will take away from thee all sickness. - Deuteronomy 7:15

I will bring health and cure. - Jeremiah 33:6

For I will restore health to you and heal you of your wounds. -
Exodus 15:26

The tongue of the wise promotes health. - Proverbs 12:18

In the name of Jesus Christ...

I bless you with good health all the days of your life. May you enjoy a healthy life in body, mind and soul.

I pray He will grant you many years of life, a sound mind, strength to your muscles, bones, heart, and lungs, a powerful immune system, and excellent agility.

I bless you to care for your body as a temple of the Holy Spirit.

I bless you with a strong and vigorous body that can easily do work, engage in exercise and has a strong resistance against illness. I bless your body with wholeness, immunity and strength.

I bless you with an enthusiasm for life and a will to embrace an active lifestyle. I bless you with a desire to be healthy and make wise choices around your nutrition. God has given you systems within your body to protect it from harm.

I bless you with diligence to promote a strong immune system through healthy habits and avoiding unhealthy choices.

I bless your mind with self-control as you choose to refrain from drunkenness and indulging in foods that will impact the healthy condition of your body. As you follow God's dietary guidelines, may He remove all sickness and make your body immune to disease.

If you do get ill, may you learn to claim the promises for healing and know that He is Jehovah Rofa. The One who is 'the Lord who heals.' I pray for your healing to come in His name.

Day 59: Leadership

Be shepherds of God's flock that is under your care, watching over them - not because you must, but because you are willing, as God wants you to be; not pursuing dishonest gain, but eager to serve; not lording it over those entrusted to you, but being examples to the flock. - 1 Peter 5:2-3

And Jesus called them to him and said to them, 'You know that those who are considered rulers of the Gentiles lord it over them, and their great ones exercise authority over them. But it shall not be so among you. But whoever would be great among you must be your servant, and whoever would be first among you must be slave of all. For even the Son of Man came not to be served but to serve, and to give his life as a ransom for many.' - Mark 29:42-45

In the name of Jesus Christ...

I bless you to be a leader and mentor of others. In your everyday life, may you set an example for others of how to walk in love, kindness, humility and compassion. May you be a leader who upholds godly principles, and refuses to waver from His truth, regardless of audience, position or circumstances.

I bless you to be trusted friend, one who provides wise advice, support and guidance for those who are younger or in need of direction.

May integrity be your treasured possession and highest value and may you hold firmly to truth and justice.

I bless you to lead and mentor others with boldness, wisdom and discernment, as you fulfil your responsibilities, with the assurance of God's presence and faithfulness.

I bless you to overcome difficulties and uncertainties with strength, grace and perseverance.

I bless you to be one who does not delight in power or position, nor lord it over others. I bless your heart to be humble, unselfish and willing to serve.

I bless you to be one who builds others up, to release them into the fullness of who God has created them to be.

I bless you to be one who desires for others to win and succeed and one who champions that success from a sincere heart.

I bless you to choose service over entitlement as you lead.

I bless you to lead following Jesus' example, who being in very nature God, did not consider equality with God something to be grasped, but rather humbled Himself and became obedient – giving His life for others.

Day 60: Authority/ Protection

And I will give you the keys of the Kingdom of Heaven. Whatever you forbid on Earth will be forbidden in Heaven and whatever you permit on Earth will be permitted in Heaven. – Matthew 16:19

Little children, you are from GOD and have overcome them. For He that is in you is greater than he that is in the world. – 1 John 4:4

The Lord will keep you from evil; He will keep your life. The Lord will protect your going out and your coming in from now and forevermore. – Psalm 121:7-8

And He will send His angels to guard you to keep you in all your ways. Lest you dash your foot against a stone. – Psalm 91:11-12

In the name of Jesus Christ...

I bless you with the knowledge that in the times of trouble, your Heavenly Father will hide you. You will not be afraid or overwhelmed, for God is with you. He will shield you with His wings and His faithful promises will be your armour.

I bless you with protection from all the powers of the enemy. You will know deliverance from evil and from all those who rise against you. The eternal God is your refuge and your defender.

He will drive out the darkness before you. I bless you to rest knowing God has created a host of active angels to guard and rescue you. He will send these ministering spirits to protect His children from danger and to defend them from their enemies.

Your angels in heaven have constant access to your Heavenly Father. He orders them to protect you, wherever you go. I bless you to know you need not fear nor be dismayed: unseen warriors walk beside you. I bless you with the revelation that God has given you authority over all power of the enemy and that no weapon formed against you will prosper.

I bless you to utilise the weapons in your hands. To put on the full armour of God. May His word be your defence, may faith be your shield, may His salvation protect your mind and heart, may you wear peace and righteousness. I bless you to know worship as your war cry. The very means of overcoming in every spiritual battle. You will receive power and authority to overcome every unclean spirit through the Holy Spirit . You will be victorious over every power of darkness as it is God who delivers you, all the days of your life.

Day 61: Love

I have loved you with an everlasting love; I have drawn you with unfailing kindness. - Jeremiah 31:3

And walk in love, just as Christ also loved you and gave Himself up for us, an offering and a sacrifice to God as a fragrant aroma. - Ephesians 5:2

Now flee from youthful lusts and pursue righteousness, faith, love and peace, with those who call on the Lord from a pure heart. - 2 Timothy 2:22

In the name of Jesus Christ...

I bless you with the understanding to grasp how wide and long and high and deep is the love of Christ for you.

I bless you with the knowledge of how precious you are to God, to your family and to your friends.

I bless you with the will to love God first with all your heart, soul, mind and strength and with the ability to do so all the days of your life.

I bless you with a deep desire to love your parents and wider family with true affection, empathy, honour and gentleness for as long as you live.

Love is a choice. Even when you don't feel like it. May your heart and will daily choose to practice loving others with all your soul and strength, all the days of your life.

I bless you with a love that believes the best about others, a love that waits, a love that is gracious, kind, considerate and unselfish.

I bless you with a love for others that doesn't count the cost and keeps no record of wrongs. A love that is plentiful and unexhaustive.

I bless you with a sacrificial love that is willing to take second place, a love that bears all things, a love that always hopes, always trusts and always perseveres.

I bless you to love yourself and accept God's love for you and His kind thoughts towards you.

I bless you to love the world as Jesus shows you His heart. May you to partner with Him in building His Kingdom here on Earth as it is in Heaven, always.

May your example of love, faithfulness and kindness set an example to the rest of the world – pointing them towards the unconditional love of the Father, all the days of your life.

Day 62: Thankfulness

Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus. - 1 Thessalonians 5:16-18

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. - Philippians 4:6-7

I will give thanks to you, Lord, with all my heart; I will tell of all your wonderful deeds. - Psalm 9:1

In the name of Jesus Christ...

I bless your mind, heart and soul to both hold and activate thankfulness, all the days of your life. May you always be aware of the innumerable gifts God has placed into your hands.

May you cultivate a thankful heart, shifting your focus from what you lack towards the abundance of what you have received.

I bless your eyes to see the small blessings all around you in your everyday.

May you pause to release your praise and thanksgiving to God for His provision, love and faithfulness. "Give thanks in all circumstances; for this is God's will for you in Christ Jesus." I bless you to prioritise gratitude as a vital part of your life in Him, reminding you of God's goodness and helping you to align your heart with His will.

I bless you to practise gratitude when your heart and mind are anxious or upset, in the knowledge that thankfulness is your antidote, leading you into to peace for your mind and soul. "Do not worry about anything ... in everything - give thanks, and the peace of God will guard your heart and mind in Christ Jesus."

When challenges and trials arise, I bless your mind to remember that there is always something to be thankful for. May you focus on His presence and favour and find strength, renewed hope and fullness of joy. I bless you to prize gratitude within your heart and will, a daily habit that transforms your character and draws you closer to Himself.

May your thankfulness be a testimony to His faithfulness and love, all the days of your life.

Day 63: Righteousness

The integrity of the upright guides them, but the unfaithful are destroyed by their duplicity. – Proverbs 11:3

Blessed are the pure in heart, for they shall see God. – Matthew 5:8

Because of my integrity you uphold me and set me in your presence forever. – Psalm 41:12

In the name of Jesus Christ...

I bless you to accept His gift of righteousness and live righteously all the days of your life.

May Holy Spirit grant you the strength to resolve to always do what is right, even when it may be difficult or unpopular.

I bless you to be a person of truth and honour, one who faithfully stands by your word and follows through on your promises and commitments.

I bless you with His strength to resist temptation and to make choices that honour Him and reflect His character in all that you do. May you be known for your high value of honesty and may integrity be a source of inspiration and encouragement to those around you.

I bless you to remember that your words and actions carry weight and influence, always. May Holy Spirit enable you to stay true to your convictions and to always act in a way that is consistent with His word and will for your life.

I bless you to walk in integrity, righteousness, and uprightness within your relationships and dealings with others. “Those who walk blamelessly and do what is right, who speak truth from their heart, and do not slander or harm their neighbour, are the ones who will dwell in God’s presence.” I bless you to live your life before an audience of ONE. A life that is true, accountable and transparent.

I bless you to choose integrity over indifference; moral courage over popular opinion; and humility over reputation, all the days of your life. These will be the signs of your commitment to living a life that is pleasing to Him. May they be a testament to the transforming power of your Father God working within your heart and life, always.