

WEEK 4

# 100 days of Blessing Your Children

Days 22-28

Causeway Coast Vineyard

# The Promise of Blessing

The truth we begin from is that God, who is sovereign, all-powerful and the creator and one who sustains all things:

- Does great and marvellous deeds
- Loves us
- Desires to give us abundantly more than we can ask or imagine

When this truth becomes a deep 'knowing' within our hearts and minds, we can expect God to do incredible and miraculous things, when we call forth the promises within His word. With each of God's blessings in the Bible, there was always a special anointing- an impartation of supernatural power that enabled the people to be blessed. God's blessings:

- Made impossible things possible
- Gave supernatural power, means and ability for living
- Granted spiritual authority to our humanity

As followers of Jesus and heirs of God's Kingdom, we can take authority and claim the rich inheritance promised to us and our families, our children and grandchildren and for generations still to come.

## The Concept of Blessing

In the Bible, Abraham was the first man to receive the blessings of a covenant with God. This covenant (promise) contained seven promises, found in Genesis 12:2-3:

- I will make you a great nation
- I will bless you
- I will make your name great
- You shall be a blessing
- I will bless those who bless you
- I will curse him who curses you
- In you all the families of the earth shall be blessed

So how do we become recipients of those same promises made to Abraham?

By activating the power of blessing! We do that by speaking words of blessing based on God's word and the promises we find within it. Giving our lives to God and being members of His family means that we receive full rights of the blessing of our Father and we can pass on His blessing to our loved ones. A great starting point is to fully understand the many promises of which we are heirs through faith in Jesus Christ.

If you are a parent, carer, grandparent, you have spiritual authority over your household and power to speak blessing into the lives of your children and grandchildren. Your words of blessing are energised by the power of God when you speak them.

Over the next 100 days it is our prayer that we join together as parents, carers, grandparents, aunties, uncles and mother and father figures in our community to daily bless our children.

"One generation will commend your works to the next and shall declare your mighty acts." (Psalm 145:4)

Let us bless you as you begin...

May the Lord bless you and keep you. May the Lord make His face to shine upon you, and may He be gracious to you. May the Lord turn His countenance upon you and give peace. As you pray, may you know that God, the faithful One, shows loving-kindness and keeps His promises from one generation to the next. Let all these blessings that you speak by faith in the name of Jesus, rest on the heads of your precious and dearly loved children and grandchildren, both today and for the rest of their lives

In His Name we pray,  
Amen

# Day 22: Justice

Is not this the kind of fasting I have chosen: to loose the chains of injustice and untie the cords of the yoke, to set the oppressed free and break every yoke? – Isaiah 58:6

Defend the weak and the fatherless; uphold the cause of the poor and the oppressed. – Psalm 82:3

He has shown you, what is good. And what does the Lord require of you? To act justly and to love mercy and to walk humbly with your God. – Micah 6:8

## In the name of Jesus Christ...

I bless you to have a heart that is just, true, merciful and deeply empathetic towards others.

I bless you to be a ‘seer’ – one who sees the needs of others. I bless you with wisdom that meets knowledge and finds a solution for the problems others may be facing around you.

I bless you to be an advocate for those who are poor, persecuted, marginalised, unseen or in need of protection. May your feet dance upon injustice. May you see breakthrough upon breakthrough with each step, all the days of your life!

“May truth and justice flow like mighty rivers and righteousness like a never-ending stream.” Waters that cleanse and refresh in lives and lands that have been parched with injustice.

I bless your voice to speak on behalf of those who cannot speak for themselves. May you be a defender and champion, one who speaks out boldly for the rights of the oppressed.

I bless you to courageously confront and expose inequalities,  
supporting those who are struggling under the hands of injustice.  
I bless you to know favour from leaders and authorities, they will listen  
to your voice and take heed to your advice, as you provide them with  
truth, insight and solutions for injustice.  
I bless you to follow the example of Jesus, letting compassion be your  
compass, leading you to act justly, love mercy and walk humbly with  
God, all the days of your life.

# Day 23: Confidence

So do not throw away your confidence; it will be richly rewarded. - Hebrews 10:35-36

Be strong and courageous. Do not be afraid or terrified because of them, for the Lord your God goes with you; he will never leave you nor forsake you. - Deuteronomy 31:6

With him is only the arm of flesh, but with us is the LORD our God to help us and to fight our battles. - 2 Chronicles 32:8

But blessed is the one who trusts in the LORD, whose confidence is in him. - Jer 17:7

## In the name of Jesus Christ...

I bless your mind, heart and soul with godly confidence. Confidence that stems from knowing that you are created by God- to lead and to exercise the authority that He has given you, as an heir of His Kingdom.

I bless you to overcome negative thought patterns that lead to low self-esteem and a harsh or critical opinion of yourself.

I bless your mind, thoughts and behaviours as you grow and change, may you always hold a child-like enthusiasm - to try new things, to travel, to learn, to discover, to take risks, to lead and to step into adventures with wonder and expectation.

I bless your thoughts to align with His thoughts, voice, plans and purposes for your life. May He give you boldness and freedom as you speak in front of others, recognising your view and opinion hold weight, depth and significance.

I bless you to realise the difference between confidence and arrogance. Confidence speaks from His authority and grace given to you. Arrogance speaks from self-promotion and pride.

I bless you to establish your confidence within the strength, truth and wisdom of Jesus Christ. Allowing His truth to set the course and direction every day of your life, means you can live boldly, confidently and undaunted. You will not be alarmed or silenced, nor will you crumble under any fear of man, circumstances, nor fear of the future.

Underneath are His everlasting arms.

# Day 24: Protection/ Spiritual Authority

And I will give you the keys of the Kingdom of Heaven. Whatever you forbid on Earth will be forbidden in Heaven and whatever you permit on Earth will be permitted in Heaven. – Matthew 16:19

Little children, you are from GOD and have overcome them. For He that is in you is greater than he that is in the world. – 1 John 4:4

The Lord will keep you from evil; He will keep you life. The Lord will protect your going out and your coming in from now and forevermore. – Psalm 121:7-8

And He will send His angels to guard you to keep you in all your ways. Lest you dash your foot against a stone. – Psalm 91:11-12

## In the name of Jesus Christ...

I bless you with the knowledge that in the times of trouble, your Heavenly Father will hide you. You will not be afraid or overwhelmed, for God is with you.

He will shield you with His wings and His faithful promises will be your armour.

I bless you with protection from all the powers of the enemy. You will know deliverance from evil and from all those who rise against you. The eternal God is your refuge and your defender. He will drive out the darkness before you.

I bless you to rest knowing God has created a host of active angels to guard and rescue you. He will send these ministering spirits to protect His children from danger and to defend them from their enemies.



Your angels in heaven have constant access to your Heavenly Father. He orders them to protect you, wherever you go.

I bless you to know you need not fear nor be dismayed: unseen warriors walk beside you.

I bless you with the revelation that God has given you authority over all power of the enemy and that no weapon formed against you will prosper.

I bless you to utilise the weapons in your hands. To put on the full armour of God. May His word be your defence, may faith be your shield, may His salvation protect your mind and heart, may you wear peace and righteousness.

I bless you to know worship as your war cry. The very means of overcoming in every spiritual battle. You will receive power and authority to overcome every unclean spirit through the Holy Spirit . You will be victorious over every power of darkness as it is God who delivers you.

# Day 25: Listening

Let every person be quick to listen, slow to speak and slow to become angry. - James 1:19

Hear counsel and receive instruction, that you may be wise. - Proverbs 19:20

Let the wise listen and add to their learning, and let the discerning get guidance. - Proverbs 1:5

## In the name of Jesus Christ...

I bless you to be a Listener. May you be attentive, intentional and engaged in your conversations with others.

I bless you to exercise discernment and sensitivity as others turn to you for counsel or advice. May you be known for your serenity, empathy and trustworthiness. As others share their hearts with you, they will feel safe, understood and seen in your company.

I bless you with godly wisdom and understanding to know when to pause in conversations and when to speak the truth in love.

I bless you to hear and heed the words of your parents and mentors. I bless their words of knowledge and wisdom given to you. I bless your heart to be teachable, receiving them in love, with gratitude and thoughtfulness.

I bless your ears to hear clearly today. You will hear and understand with spiritual ears, the word of God for yourself and others. May the seed of His word fall on fertile ground in your heart, so that you will not only hear and understand, but also bear and bring forth fruit a hundred times over.

I bless you to listen for His voice, above all the other noise surrounding you. I bless you to tune your ears to Holy Spirit's tones, that you will recognise when He is speaking and follow His exact instructions for your life.

I bless you to pray for others and ask God to give you His words of knowledge for their lives. Words that always encourage, inspire and bring life to others - pointing people towards God's incomparable love for them and His greatest desire for them to experience His presence with them always.

# Day 26: Education

Train up a child in the way he should go; even when he is old he will not depart from it. – Proverbs 22:6

Let no one despise you for your youth, but set the believers an example in speech, in conduct, in love, in faith, in purity. – 1 Timothy 4:12

A disciple is not above his teacher, but everyone when he is fully trained will be like his teacher. – Luke 6:40

## In the name of Jesus Christ...

I bless you with power to see with accuracy your special, God-given abilities. May you be a competent learner, with a willingness and enthusiasm to embrace, nurture and exercise the gifts that God has placed within you from the beginning.

I bless your years in education. May they be fruitful, life-giving, happy and safe. May you establish strong and healthy friendships with people who accept you, love you, cheer you and protect you.

I bless you with a desire to study and an eagerness to learn and explore. God has created you for these.

May you listen and respect your teachers, remaining inquisitive, enthusiastic and committed to trying your best.

May you understand your learning path is unique. I bless you to follow the plan and story written for your life, with grace, patience, hope and courage.

I bless you to find and pursue your field of interest. Choosing to focus on those things you are passionate about and building your career around your gifting.

I bless you in times of delay. May you realise failure is not final. I bless you with resilience and determination to begin again, try again and to hope again.

I bless you to view school as your mission field. May you have spiritual eyes and ears that see and hear the needs of those around you - always pointing them to the One who is the answer to all of life's questions.

I bless you as a leader, to both know and stand firm in the truth, during times of confusion, judgement or opposition.

You will not bend, break or compromise your faith. I bless you with boldness and deep hunger to see your school/learning community come to know Jesus. May you see countless people give their lives to Him throughout your years in education!

# Day 27: Patience

“Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It is not rude, it is not self-seeking, it is not easily angered, it keeps no account of wrongs. Love takes no pleasure in evil, but rejoices in the truth. It bears all things, believes all things, hopes all things, endures all things. – 1 Corinthians 13:4-7

Whoever is patient has great understanding, but one who is quick-tempered displays folly. – Proverbs 14:29

Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up. – Galatians 6:9

Be joyful in hope, patient in affliction, faithful in prayer. – Romans 12:12

## In the name of Jesus Christ...

I bless your mind, heart and soul with patience.

May you have a calm, measured and sensitive disposition. I pray you will always choose to wait and reflect before speaking within conversations, discussions or meetings with others. I bless you with wisdom in choosing your words wisely.

I bless your days with a love that bears all things, believes all things, hopes all things and endures all things.

I bless your times with family and friends. May your countenance be one that displays acceptance, ease and level-headedness. May you be known for leading the way, demonstrating patience and understanding.

I bless your mind to remain steady, calm and consistent in your thinking. I bless you to implement measures during stressful times, that you may have time to pause and choose peace as your response.

I bless your character to be one who endures. May you refuse to settle, give in or give up easily, when it comes to the pursuits and dreams for your life.

I bless you with patience and perseverance in your faith, all the days of your life. May you run, with your eyes fixed on the prize that is Jesus. In times of waiting and uncertainty, I bless you to hold fast until the unseen promises of God become your reality.

I bless you to be joyful in hope, patient in affliction and fervent in prayer.

In Jesus name, I bless you with longevity in all of your endeavours, your faith, your relationships, your workplace, your home and your marriage, all the days of your life.

# Day 28: Reverence/ Praise

The heavens are telling the glory of God. - Psalm 19:1

Holy, holy, holy is the Lord of hosts; The whole earth is full of his glory! - Isaiah 6:3

While Jesus was here on earth, He offered prayers and pleadings, with a loud cry and tears, to the one who could rescue him from death. And God heard his prayers because of his deep reverence for God. - Hebrews 5:7

...speaking to one another with psalms, hymns, and songs from the Spirit. Sing and make music from your heart to the Lord. - Ephesians 5:19

## In the name of Jesus Christ...

I bless your soul to be one who reveres. May you take great delight in the glory of God on display, all around you. In sunrises and sunsets, the beauty of nature, the sea and of all creation.

I bless your eyes to see the glory of God in every place. His infinite perfections, infinite greatness and infinite worth.

May you choose to pause, admire and lead others to do the same, when they are too pre-occupied to see His beauty all around.

I bless you be one who reveres the Lord, one who remains in awe and wonder of His supremacy, superlativeness and sovereignty, all the days of your life.

I bless you with the desire to thank and praise God for everything He has done for you and for all that He has promised to you. May you choose daily to remember, to celebrate and to wonder.



I bless you with freedom as you worship and praise your Father. May you be uninhibited in your response to Him - Allowing the overflow of your heart to pour out, through the words of your mouth, with your hands and feet and every other expression of worship, offered from a soul who reveres and deeply loves their Saviour.

I bless you to lead others in worship and praise. They will follow your example of a postured heart before the Father.

I bless you to both experience and release breakthrough for others, as you 'set your face like flint' and choose praise as your weapon within every trial or time of struggle and opposition.