

WEEK 5

100 days of Blessing Your Children

Days 29-35

Causeway Coast Vineyard

The Promise of Blessing

The truth we begin from is that God, who is sovereign, all-powerful and the creator and one who sustains all things:

- Does great and marvellous deeds
- Loves us
- Desires to give us abundantly more than we can ask or imagine

When this truth becomes a deep 'knowing' within our hearts and minds, we can expect God to do incredible and miraculous things, when we call forth the promises within His word. With each of God's blessings in the Bible, there was always a special anointing- an impartation of supernatural power that enabled the people to be blessed. God's blessings:

- Made impossible things possible
- Gave supernatural power, means and ability for living
- Granted spiritual authority to our humanity

As followers of Jesus and heirs of God's Kingdom, we can take authority and claim the rich inheritance promised to us and our families, our children and grandchildren and for generations still to come.

The Concept of Blessing

In the Bible, Abraham was the first man to receive the blessings of a covenant with God. This covenant (promise) contained seven promises, found in Genesis 12:2-3:

- I will make you a great nation
- I will bless you
- I will make your name great
- You shall be a blessing
- I will bless those who bless you
- I will curse him who curses you
- In you all the families of the earth shall be blessed

So how do we become recipients of those same promises made to Abraham?

By activating the power of blessing! We do that by speaking words of blessing based on God's word and the promises we find within it. Giving our lives to God and being members of His family means that we receive full rights of the blessing of our Father and we can pass on His blessing to our loved ones. A great starting point is to fully understand the many promises of which we are heirs through faith in Jesus Christ.

If you are a parent, carer, grandparent, you have spiritual authority over your household and power to speak blessing into the lives of your children and grandchildren. Your words of blessing are energised by the power of God when you speak them.

Over the next 100 days it is our prayer that we join together as parents, carers, grandparents, aunties, uncles and mother and father figures in our community to daily bless our children.

"One generation will commend your works to the next and shall declare your mighty acts." (Psalm 145:4)

Let us bless you as you begin...

May the Lord bless you and keep you. May the Lord make His face to shine upon you, and may He be gracious to you. May the Lord turn His countenance upon you and give peace. As you pray, may you know that God, the faithful One, shows loving-kindness and keeps His promises from one generation to the next. Let all these blessings that you speak by faith in the name of Jesus, rest on the heads of your precious and dearly loved children and grandchildren, both today and for the rest of their lives

In His Name we pray,
Amen

Day 29: Forgiveness

"For if you forgive other people when they sin against you, your heavenly Father will also forgive you." - Matthew 6:14

If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness." - 1 John 1:9

"For I will be merciful to their unrighteousness, and their sins and their lawless deeds I will remember no more." - Hebrews 8:12

Blessed is the one whose transgressions are forgiven, whose sins are covered. **Blessed** is the one whose sin the Lord does not count against them and in whose spirit is no deceit. - Psalm 32:1-2

In the name of Jesus Christ...

I bless your mind, heart and soul to know, experience and exercise forgiveness, all the days of your life.

I bless you to be one who does not keep a record of wrongs, nor store up bitterness in your heart. Bitterness will always seek to trap and destroy, but forgiveness will lead to your freedom, blessing and good health.

I bless you to refuse to allow offense to take hold of your heart. May the Lord daily lead you into humility and understanding that you have been forgiven much and must also forgive others.

May you have wisdom and serenity to accept the things you cannot change and emerge stronger, rooted within His grace and matchless love for you.

I bless you to be one who apologises easily, refusing to allow pride or anger to have the final say in your heart.

Where necessary, I bless you with discernment and courage to move on from repeated patterns of poor behaviour from those who refuse to apologise, change or exercise forgiveness. May you always allow God to search your heart and may you be willing to repent, forgive, resolve and let go.

Letting go of grudges and releasing the grip of past hurts will enable you to embrace forgiveness, not as an act of weakness, but as a courageous and liberating choice that brings peace and joy.

I bless you, in the name of Jesus, to be one who forgives yourself all the days of your life. You have not been created to live in guilt or shame and I bless you to know His forgiveness and freedom for your soul.

May you always remember and give thanks for His forgiveness and humbly walk in it.

May you have a clear understanding of His word, His correction and His invitation into grace and forgiveness.

I bless you to know your Heavenly Father is merciful, all the days of your life.

Day 30: Home

My people will live in peaceful dwelling places, in secure homes, in undisturbed places of rest. – Isaiah 32:18

Anoint the front door and pray that all who enter your home will “go out in joy and be led forth in peace.” – Isaiah 55:12

Through wisdom is a house built; and by understanding it is established. – Proverbs 24:3-4

Unless the LORD builds the house, those who build it labour in vain. – Psalm 127:1

In the name of Jesus Christ...

I bless you, as you set up a secure and welcoming home. Your home will serve as a haven, where love, joy and peace abound.

I bless your home to be a place of shelter and belonging for those who need to come in and find solace, kindness and friendship.

May you continually thank God for His provision of a safe space for you to dwell. May you guard against entitlement or comparison and be grateful for the blessings within your walls.

I bless you to be a gatherer of people. May your home be known as a place of community with honest conversations, laughter, fun and food around the table.

I bless your home to be a place of prayer and worship. May your rooms resound with praise as you sing and make music between the walls!

I bless your home to be a place of healing and reconciliation. May you experience this within your family and friends as well as amongst those who come to you, in need of support and counsel.

Day 31: Family- Parenting

Their children will be a blessing. – Psalm 37:26

I will pour out my Spirit on your offspring, and my blessing on your descendants. – Ezekiel 34:26

These commandments that I give you today are to be on your hearts. Impress them on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up. Deuteronomy 6:6-7

Children are a heritage from the LORD, offspring are a reward from him. – Psalm 127:3

In the name of Jesus Christ...

I bless you with God's blessing to Adam and Eve when He said to them, "Be fruitful and multiply; fill the earth and subdue it." (Gen 1v28)
Your children will be like arrows in the hand of a warrior and olive plants around your table.

I bless you with an unconditional love for your family, that always hopes, always forgives, always trusts and always endures.

I bless you with wisdom, discernment and grace as you raise your children to revere, worship, surrender, serve and pursue Jesus with all of their heart.

May you continuously parent your children towards their calling in Christ Jesus. Choosing a different way- one that points towards; holiness over compromise; integrity over reputation; service over entitlement; compassion over comfort and peace over disunity. May you know when to give your yes and when to say no, as you parent and steward the gift God has given you, always guarding their heart and mind as they endeavour to follow and love Jesus.

I bless you to be gracious, understanding and merciful towards your children, all the days of your life.

Your listening, intentionality and focus within the finer details of their interests and conversations, will enable them to trust you in both the small and great moments within their lives.

I bless you to be present, alert and always ready to place your children first above others. Love God, love your family.

I bless you, as you lead, pray and always point your family towards everything God has purposed for their lives in Him.

May you live open-handedly, pursuing His will, before your personal preferences for your children, always.

I bless you to provide time and space in your home to worship, wait, pray, teach and listen to the Holy Spirit together.

May the Lord bless you, keep you, make His face to shine upon you and be gracious to you and give you peace. Now and forever.

Day 32: Parenting - Children

And his mercy is on them that fear him from generation to generation. - Luke 1:50

This shall be written for the generation to come: and the people which shall be created shall praise the LORD. - Psalms 102:18

Let each generation tell its children of your mighty acts; let them proclaim your power. - Psalm 145:4

In the name of Jesus Christ...

I bless your family to know God's favour, provision, presence and smile upon you, all the days of your life.

I celebrate and thank God with you, for the gift of your family.

I bless your children to know Jesus and accept His gift of salvation in early days. I bless them to love the Lord their God with all of their heart, soul, mind and strength.

May they have a deep friendship with Jesus that they will not turn away from. May they never lose the wonder of the unconditional love of their Heavenly Father and the perfect, atoning sacrifice of Jesus.

I bless them with wisdom and understanding, as they pursue His word and ways for their lives, always.

I bless your children with wellness and wholeness in body, mind and strength. May peace reign in their hearts and minds. May they know joy and adventure throughout all their days. I bless them to receive His 'immeasurably more' in every aspect of their lives. May they know abundance and favour and may every work of their hands be blessed.

I bless your family to dwell in harmony and unity, all the days of your life. May your love always lead to forgiveness, understanding, honesty and kindness.

Let His name be the banner over your household- the weapon for every fight and the compass for every step you take together.

I bless your children to hold firmly to His truth and lead others out of darkness and into His light. I bless them to refuse to compromise in the face of opposition.

I bless your family to know His protection over your home – your coming in and your going out. “He will send His angels charge over you, to keep you and guide you in all of your ways.”

I bless your children to honour you and bless their hearts to remain open, teachable and loving towards you, all the days of your life.

Day 33: Encouragement

And let us consider how we may spur one another on toward love and good deeds, not giving up meeting together, as some are in the habit of doing, but encouraging one another—and all the more as you see the Day approaching. – Hebrews 10:24-25

Therefore encourage one another and build each other up. – 1 Thessalonians 5:11

May the God who gives endurance and encouragement give you the same attitude of mind toward each other that Christ Jesus had. – Romans 15:5

In the name of Jesus Christ...

I bless you to pursue His gift of encouragement. May you deposit courage as a beautiful gift, deep within the hearts of those around you. May you see those in your world who feel worthless or weary, those who have no place, find the encouragement that you have found in Jesus Christ.

I bless your voice as one that carries authority and weight behind your words, so that when you speak life, others who have been broken or bruised in spirit will be renewed and restored.

I bless you to be one who lifts the heads of others, an upholder of arms, a champion and one who speaks words of celebration, kindness, strength and empowerment.

I bless you to encourage your own soul.

May you consistently tell your mind to pay attention and your soul to line up with His words and thoughts about you. When you live and walk in His encouragement, you begin to do so much more with the things entrusted into your hands.

I bless you to speak words of kindness and strength over yourself.
Declaring His promises and greatest blessings for your life!
I bless you in the name of Jesus, to refuse to allow discouragement to
divert your course or cause deep wounds in your heart. You will not
be overwhelmed or torn down by the harsh or unmerited words of
others.

Day 34: Generosity

The world of the generous gets larger and larger; the world of the stingy gets smaller and smaller. – Proverbs 11:24 MSG

Whoever is kind to the poor lends to the LORD, and he will reward them for what they have done. – Proverbs 19:17

They are always generous and lend freely; their children will be a blessing. – Psalm 37:26

You will be enriched in every way so that you can be generous on every occasion, and through us your generosity will result in thanksgiving to God. – 2 Corinthians 9:11

In the name of Jesus Christ...

I bless you to wholeheartedly pursue generosity in all areas of your life, in the knowledge that you serve the most generous God.

May He stir within you an excitement about living your life with generosity leading the way.

I bless you to be one who does not hold on too tightly to what's in your hands. May you be one who gives freely, invests relationally and empathises with the needs of others.

I bless you to live by what we know – God is Jehovah, our provider. I

bless you to be a conduit of the generous heart of your Heavenly Father, allowing His blessing for others to flow through you.

I bless you to be generous with your time, your gifts, your finances and the works of your hands. May you live in the overflow of His goodness and always allow others to know and experience His kindness towards them.

May the eyes of your heart be open and may you be willing to pause long enough to see those in need of the hope, peace, provision, healing and salvation that Jesus brings.

I bless you to follow the example of Jesus all the days of your life - choosing generosity, humility and servanthood as your response. May you refuse to hold to any image of success, wealth or power. Instead, may others see cultivated in your character: gratitude, contentment and benevolence.

I bless your heart to give, sacrifice and empower others, not under compulsion but in joy and faith, all the days of your life.

Day 35: Time

There is a time for everything, and a season for every activity under the heavens. - Ecclesiastes 3:1

Teach us to number our days, that we may gain a heart of wisdom. - Psalm 90:12

Now listen, you who say, 'Today or tomorrow we will go to this or that city, spend a year there, carry on business and make money.'

Why, you do not even know what will happen tomorrow. What is your life? You are a mist that appears for a little while and then vanishes. Instead, you ought to say, "If it is the Lord's will, we will live and do this or that." - James 4:13-15

In the name of Jesus Christ...

I thank God for the precious gift of time and bless you to value it all your days.

I bless you to honour God with the time that He has placed in your hands.

I bless your lifetime with Jesus . As you love Him , serve Him , worship Him and follow Him. I pray for your heart and soul to yearn for His presence, welcoming Holy Spirit into your everyday.

May you have a holy passion for His word. I bless you as you read, I bless you with wisdom and understanding. May you diligently set aside time to know and memorise the truths, promises and blessings that He has spoken over your life.

May you know Jesus as your greatest treasure and delight in holding Him in first place , all the days of your life.

I bless your times with family and friends. May you prioritise your loved ones, always. May you be fully present, attentive and intentional.

I bless you to protect your gift of time. May you have wisdom and boldness to say no to lesser things, in order that you may direct your attention towards the greater things.

I bless you to balance your time in life and work. May you determine healthy rhythms that ensure rest for your mind, body and soul.

In times of waiting, I bless you with patience and assurance of His sovereignty and perfection. I bless you to “be renewed as you wait upon the Lord.”

In times of doubt and confusion, I bless you with faith and remembrance of His supremacy and attention to every detail of your life. I bless you to “be sure of what you hope for and certain of what you do not see.”

In times of struggle and pain, I bless you with healing, comfort and peace. I declare over you His strength that is made perfect in every weakness.

In times of uncontainable joy and celebration, I bless you to know His smile and His song as the Father rejoices over you, always.