

WEEK 7

100 days of Blessing Your Children

Days 43-49

Causeway Coast Vineyard

The Promise of Blessing

The truth we begin from is that God, who is sovereign, all-powerful and the creator and one who sustains all things:

- Does great and marvellous deeds
- Loves us
- Desires to give us abundantly more than we can ask or imagine

When this truth becomes a deep 'knowing' within our hearts and minds, we can expect God to do incredible and miraculous things, when we call forth the promises within His word. With each of God's blessings in the Bible, there was always a special anointing- an impartation of supernatural power that enabled the people to be blessed. God's blessings:

- Made impossible things possible
- Gave supernatural power, means and ability for living
- Granted spiritual authority to our humanity

As followers of Jesus and heirs of God's Kingdom, we can take authority and claim the rich inheritance promised to us and our families, our children and grandchildren and for generations still to come.

The Concept of Blessing

In the Bible, Abraham was the first man to receive the blessings of a covenant with God. This covenant (promise) contained seven promises, found in Genesis 12:2-3:

- I will make you a great nation
- I will bless you
- I will make your name great
- You shall be a blessing
- I will bless those who bless you
- I will curse him who curses you
- In you all the families of the earth shall be blessed

So how do we become recipients of those same promises made to Abraham?

By activating the power of blessing! We do that by speaking words of blessing based on God's word and the promises we find within it. Giving our lives to God and being members of His family means that we receive full rights of the blessing of our Father and we can pass on His blessing to our loved ones. A great starting point is to fully understand the many promises of which we are heirs through faith in Jesus Christ.

If you are a parent, carer, grandparent, you have spiritual authority over your household and power to speak blessing into the lives of your children and grandchildren. Your words of blessing are energised by the power of God when you speak them.

Over the next 100 days it is our prayer that we join together as parents, carers, grandparents, aunts, uncles and mother and father figures in our community to daily bless our children.

"One generation will commend your works to the next and shall declare your mighty acts." (Psalm 145:4)

Let us bless you as you begin...

May the Lord bless you and keep you. May the Lord make His face to shine upon you, and may He be gracious to you. May the Lord turn His countenance upon you and give peace. As you pray, may you know that God, the faithful One, shows loving-kindness and keeps His promises from one generation to the next. Let all these blessings that you speak by faith in the name of Jesus, rest on the heads of your precious and dearly loved children and grandchildren, both today and for the rest of their lives

In His Name we pray,
Amen

Day 43: Assurance

Let us draw near with a sincere heart in full assurance of faith, having our hearts sprinkled clean from an evil conscience and our bodies washed with pure water. – Hebrews 10:22

Now faith is the assurance of things hoped for, the conviction of things not seen. – Hebrews 11:1

Though a host encamp against me, My heart will not fear; Though war arise against me, In spite of this I shall be confident. One thing I have asked from the Lord, that I shall seek: That I may dwell in the house of the Lord all the days of my life, to behold the beauty of the Lord And to meditate in His temple. – Psalm 27:3-5

In the name of Jesus Christ...

I bless you to live in the blessing, full assurance and hope of your salvation, all the days of your life. May your faith be certain, assured, steadfast and unwavering.

I bless you with the assurance that nothing you will ever endure is beyond His redemption or healing power.

May you know that His love for you is far greater than your feelings or expectations, and beyond even your highest thought of His best thought towards you.

I bless you to believe impossible things are made possible and every stronghold is broken and overcome, in and through the name of Jesus.

Fear and doubt have no place in your life, because they are not from Himself.

May you be confident that no weapons formed against you will prosper, because God is for you—who can be against you? For in the day of trouble He will conceal you in His tabernacle; In the secret place of His tent, He will hide you; He will lift you up on a rock. You are blessed coming in and blessed going out. Your enemies shall come up against you and God will cause them to flee. All that you set your hands to do will prosper. All the people of the earth shall see that you are called by the name of the Lord.

I bless you to know that you are a lender and not a borrower. The Lord has made you plenteous in goods.

You are the head and not the tail. You are above only and not beneath. Neither death, nor life, nor angels, nor principalities, nor powers, nor things present, nor things to come, nor height, nor depth, nor any other creature shall be able to separate you from the love of God, all the days of your life.

For as many as are the promises of God, in Him they are yes; therefore also through Him is our Amen to the glory of God through us. (2 Corinthians 1:20)

Day 44: Truth & Identity

For in Him dwells all the fullness of the Godhead bodily; and you are complete in Him, who is the head of all principality and power. - Colossians 2:9-10

There is therefore now no condemnation to them which are in Christ Jesus, who walk not after the flesh, but after the Spirit. - Romans 8:1

The Spirit Himself testifies with our spirit that we are children of God, and if children, heirs also, heirs of God and fellow heirs with Christ, if indeed we suffer with Him so that we may also be glorified with Him. - Romans 8v:6-17

Blessed be the God and Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly places in Christ, just as He chose us in Him before the foundation of the world, that we should be holy and without blame before Him in love. - Ephesians 1:3-4

In the name of Jesus Christ...

I bless you to know the full entirety of who your Heavenly Father is and who you are in Him.

May you know Him as Supreme God over everything: in Heaven, on earth and under the earth.

All-Powerful. Just. True. Unshakeable. Undefeated. Kind. Faithful. Good.

I bless you to know Him as He truly is- the deepest wisdom and the highest truth; the greatest peace and the grandest love.

May you know Him as your defender and help in every time of need; a comforter in time of sorrow, a healer in time of injury, a teacher in times of confusion.

I bless you with revelation to see yourself as He sees you.

I bless you to know that you are a child of the King, an heir of God, and a joint heir with Christ.

May He unlock your heart that you might be fully alive to your true identity in Him. May you stand in His truth against all enemy attacks and guard your heart with all vigilance.

I bless you to allow Holy Spirit to identify the lies you believe about yourself, may you always return to the truth that He has spoken over you.

I bless you to continuously hope in His promise of a good future and believe the immeasurable dreams and purposes He has ordained for your life.

I declare over you and bless you in the name of Jesus Christ to know and hold to these truths, all the days of your life:

You are His child (John 1:12) You are His friend (John 15:15), You belong to Him (1 Corinthians 6:20), You have been established, anointed, and sealed by God (2 Corinthians 1:21-22), You are a citizen of heaven (Philippians 3:20), You are blessed in the heavenly realms with every spiritual blessing (Ephesians 1:3), You are chosen before the creation of the world (Ephesians 1:4,11), You are holy and blameless (Ephesians 1:4), You are forgiven (Ephesians 1:8; Colossians 1:14) You are adopted as His child (Ephesians 1:5), You have purpose (Ephesians 1:9; 3:11), You have hope (Ephesians 1:12), You are included (Ephesians 1:13), You are an overcomer (1 John 4:4), You are protected (John 10:28), You are qualified to share in His inheritance (Colossians 1:12), You are the righteousness of God (2 Corinthians 5:21), You are safe (1 John 5:18), You are part of His Kingdom (Revelation 1:6), You can understand what His will is (Ephesians 5:17), You have God's power (Ephesians 6:10), and You are victorious (1 Corinthians 15:57).

Day 45: Contentment

The Lord is my shepherd, I lack nothing. – Psalm 23:1

That each of them may eat and drink and find satisfaction in all their toil – this is the gift of God. – Ecclesiastes 3:13

In the name of Jesus Christ...

I bless you to rest gently in the arms of contentment, all the days of your life. Contentment is different from comfort, for He has not called you to remain comfortable. However, His desire for you is to choose to be satisfied, at peace and content, "for godliness with contentment is great gain."

May the attitude of your heart and mind refuse to be dependent on external possessions, wealth or circumstances for your contentment. Rather, may you recognise and be satisfied that God's provision in your life, whether material, relational or spiritual involves trusting the one who knows best and will provide for all your needs, according to His riches in Glory.

I bless you to cultivate thankfulness as a way of life, reminding you of every treasure and blessing within your hands.

I bless you to know and experience true contentment by choosing acceptance over resistance during circumstances that are unpredictable, confusing or challenging.

I bless you to run your own race, as you refuse to allow comparison to steal your joy.

I bless your mindset to be self-assured, steady and positive. I bless you to be kind towards yourself, in your thoughts, words and actions. May you choose simplicity, joy and satisfaction, rather than struggling under the pressure of perfectionism or unfair expectations.

May Holy Spirit help you practise contentment as you remain rooted in God's word and are found in His presence.

I bless you to hold to a faith- filled perspective that wholly trusts in His sovereignty, favour, grace and purposes, all the days of your life.

Day 46: Discernment

Who is wise? Let them realise these things. Who is discerning? Let them understand. The ways of the LORD are right; the righteous walk in them, but the rebellious stumble in them. - Hosea 14:9

Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is - his good, pleasing and perfect will. - Romans 12:2

If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you. - James 1:5

In the name of Jesus Christ...

I bless your heart, mind and soul with discernment, all the days of your life.

May He grace your spirit with the ability to assess any situation, intention, or character, with knowledge and wisdom.

I bless your friendships and relationships. May you quickly discern the heart, attitude and motivation of others.

I bless you to practise and increase your faith - to trust His heart with all of yours and not lean upon your own understanding.

I bless you to allow Holy Spirit to protect your heart from the false attraction of deception. May your heart be sober and discerning and may His word alone be your driving force.

I bless your heart, mind and soul to be open and attentive to all that your Heavenly Father has to say. May you know His voice and may your eagerness to follow it increase, all the days of your life.

I bless you to be sensitive to His presence within every place, in every situation and within every choice you make. May you know when to give your yes or no, when to advance, when to wait and when to retreat.

I bless you as you make significant life choices. May you carefully determine His will for you, as you choose to surrender your own preferences and feelings. May you test and approve what is good, perfect and pleasing in His sight.

I bless you to refuse to set your feet on paths of dishonour or foolishness. May you know Holy Spirit's help as He grants you wisdom and discernment in choosing the correct course with courage and conviction, all the days of your life.

Day 47: Calm

Be still and know that I am God. - Psalm 46:10

You calm the raging seas and their roaring waves, as well as the commotion made by the nations. - Psalm 65:7

A calm, peaceful and tranquil heart is life and health to the body. - Proverbs 14v30

In repentance and rest you will be saved; in staying calm and trusting will be your strength. - Isaiah 30:15

In the name of Jesus Christ...

I bless your whole being – soul, mind and body, to know, pursue and experience calm, stillness and reflection, all the days of your life.

I bless the neuro pathways of your mind to settle in calm, steady and assured thinking patterns that point you towards hope and overcoming.

I bless you to be unaffected by the circumstances that surround you, for this supernatural peace stands at the gate of your mind and emotions to monitor everything that tries to access you. No fretting, anxiety, panic, or worry shall hold you or overcome you.

I bless you to be free, calm, and peaceful - even in difficult, stressful and challenging situations.

May you prioritise time in your life to engage with people who bring you peace, fun and a lightness to your spirit. In times of chaos or hardship may you find and embrace your tribe - those trusted few, with whom you feel safe, at ease and comforted.

I bless you to enjoy spending time alone, to prize those valuable moments of solitude, rest and quiet reflection.

I bless your home to be a place of security and solace. A place where you can retreat and find refreshment and renewal.

I bless you to be a peace-maker. One who is known for carrying a calming presence into every space, atmosphere, conversation or relationship.

May you bring His peace to your home, community, school, workplace, and all the spaces you move between.

I bless you to bring miraculous intervention and transformation through HIS peace, to those who are experiencing moments of chaos, confusion, distress or turmoil.

May you choose to position your heart, mind and soul in stillness, as you allow His peace to guard over you, all the days of your life.

Day 48: Honour

Love each other with genuine affection, and take delight in honouring each other. - Romans 12:10

Show proper respect to everyone: Love the brotherhood of believers, fear God, honour the king. - 1 Peter 2:17

In the name of Jesus Christ...

I bless you to be a person of honour.

I bless you to cultivate a love of honouring others, all your days.

When you are on the receiving end of affection and merciful honour, you experience the confirmation that you are in His family. I bless you to be one who loves with affection and prefers to honour others - that their faith may be confirmed and strengthened. "God means for all things to be done for the upbuilding of that confidence and joy."

I bless you to prefer to honour, more than you desire to be honoured. May you show no partiality, but instead choose to look for evidences of grace, even within the flawed lives of others.

May you choose to honour from a place of godliness and obedience rather than making the choice to dishonour because of personal opinion or bias.

Cutting others down, belittling, or responding with rudeness and sarcasm is not part of your calling, and will not be part of who you are.

I bless your lips to speak words that are gracious, considered, respectful and kind.

I bless you to honour your parents, your spouse, your leaders and those in authority. For this is pleasing in His sight.

I bless your mind and spirit to choose honour over criticism; fairness over arrogance and submission over selfish ambition.

May this attitude within you be a witness to the world around you, all the days of your life.

Day 49: Comfort

“Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, who comforts us in all our affliction, so that we may be able to comfort those who are in any affliction, with the comfort with which we ourselves are comforted by God. – 2 Cor 1: 3-4

Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me. – Psalm 23:4

Blessed are those who mourn, for they shall be comforted. – Matthew 5:4

I lift up my eyes to the mountains— where does my help come from? My help comes from the LORD, the Maker of heaven and earth. – Psalm 121:1-2

In the name of Jesus Christ...

In the name of Jesus Christ, I bless you to know the comfort, help and embrace of your Father, all the days of your life.

I bless you in times of sorrow and loss to know the nearness of Holy Spirit, who is your comfort, hope, solace and strength. I bless you to surrender your times of hurt and pain before your Heavenly Father, for even the deepest sorrow will not define you. May you always know that abundant joy comes in the morning.

In times of change and transition, I bless you to know His sovereignty and peace. May you experience His grace carrying you, within the uncertain or in-between. I bless you to trust the ‘Revealer of mysteries,’ to make those things yet unseen, come to into the light, in His perfect time.

I bless your heart and mind in moments of hardship and pain. May He grant you grace to see beyond your struggle and catch a glimpse of hope ahead.

I bless you to know Jesus as Redeemer. The one who redeems all things. Repairing and restoring what feels broken and without hope. I bless you in times of loneliness, to know the comfort and loving embrace of the Father. May you rest underneath His everlasting arms and rise in His strength.

I bless you to be one who brings comfort to others. In times of great pain, loss or upset, may you be sensitive, empathetic and moved with compassion to provide a warm embrace, a meal, or a place to listen and share. May you always lead others to know and encounter the imperishable hope that is Jesus, all the days of your life.