

WEEK 2

# 100 days of Blessing Your Children

Days 8-14

Causeway Coast Vineyard

# The Promise of Blessing

The truth we begin from is that God, who is sovereign, all-powerful and the creator and one who sustains all things:

- Does great and marvellous deeds
- Loves us
- Desires to give us abundantly more than we can ask or imagine

When this truth becomes a deep 'knowing' within our hearts and minds, we can expect God to do incredible and miraculous things, when we call forth the promises within His word. With each of God's blessings in the Bible, there was always a special anointing- an impartation of supernatural power that enabled the people to be blessed. God's blessings:

- Made impossible things possible
- Gave supernatural power, means and ability for living
- Granted spiritual authority to our humanity

As followers of Jesus and heirs of God's Kingdom, we can take authority and claim the rich inheritance promised to us and our families, our children and grandchildren and for generations still to come.

## The Concept of Blessing

In the Bible, Abraham was the first man to receive the blessings of a covenant with God. This covenant (promise) contained seven promises, found in Genesis 12:2-3:

- I will make you a great nation
- I will bless you
- I will make your name great
- You shall be a blessing
- I will bless those who bless you
- I will curse him who curses you
- In you all the families of the earth shall be blessed

So how do we become recipients of those same promises made to Abraham?

By activating the power of blessing! We do that by speaking words of blessing based on God's word and the promises we find within it. Giving our lives to God and being members of His family means that we receive full rights of the blessing of our Father and we can pass on His blessing to our loved ones. A great starting point is to fully understand the many promises of which we are heirs through faith in Jesus Christ.

If you are a parent, carer, grandparent, you have spiritual authority over your household and power to speak blessing into the lives of your children and grandchildren. Your words of blessing are energised by the power of God when you speak them.

Over the next 100 days it is our prayer that we join together as parents, carers, grandparents, aunties, uncles and mother and father figures in our community to daily bless our children.

"One generation will commend your works to the next and shall declare your mighty acts." (Psalm 145:4)

Let us bless you as you begin...

May the Lord bless you and keep you. May the Lord make His face to shine upon you, and may He be gracious to you. May the Lord turn His countenance upon you and give peace. As you pray, may you know that God, the faithful One, shows loving-kindness and keeps His promises from one generation to the next. Let all these blessings that you speak by faith in the name of Jesus, rest on the heads of your precious and dearly loved children and grandchildren, both today and for the rest of their lives

In His Name we pray,  
Amen

# Day 8: Joy

You will show me the paths of life; in your presence there is fullness of joy. (Ps 16:11)

Do not grieve, for the joy of the Lord is your strength. (Neh 8:10)

## In the name of Jesus Christ...

I bless your heart, soul and mind with joy, because the joy of the Lord is your strength.

I bless your thoughts to fix themselves on the things that God has created for your pleasure and let them fill you with joy.

I bless your eyes to see the beauty of creation and God's creative handiwork. See with your spiritual eyes the glory of nature, the animals, landscapes, skies and horizons, all made for your enjoyment.

I bless you to take note of the details in God's colours all around you.

I bless you to find joy in your everyday life. I bless you to content yourself in simple things that bring smiles and fun.

I bless you to always search for moments of His glory and wonder everywhere, even in unexpected places.

I bless you to find joy and carry joy to those you love.

I bless you to remain in God's presence. He is your joy. Joy is being found and positioned within His perfect purpose and plan for your life.

I bless your relationships with laughter, fun and adventure.

I bless you to choose to guard and contend for your joy when life is difficult.

May your heart look up to find the goodness of God and may your soul be strengthened and renewed in His presence.

# Day 9: Courage

"Be strong, be bold, don't be afraid or frightened, for Adonai your God is with you. He will neither fail you nor abandon you. - Deuteronomy 31:6

Do not be afraid of their faces, For I am with you to deliver you," says the Lord. - Jeremiah 1:8

## In the name of Jesus Christ...

I bless you with courage to stand in the face of fear and to know that God is your hiding place, your safe refuge, your strength and your deliverer.

I bless you to not be afraid or terrified, for the Lord your God goes before you, behind you and beside you. He will never leave you and will always be with you.

Every place you set your feet will be victorious. No weapon will come against you. No one will be able to stand up against the mighty shield - that is Jesus, your defender who will not step down or back away.

I bless you with the knowledge that in the time of trouble, your Heavenly Father will hide you. His faithful promises will be your armour. His angels will help you and give you support.

God has not given you a spirit of fear. He has blessed you with power, love and a sound mind. These are the essence of your courage.

I bless you to clothe yourself each day with boldness and authority. To know who you belong to and what He lovingly speaks over your life.

I bless you to bring the gift of courage to others. To be one who encourages, empowers and inspires; one who is quick to call out the greatness, value and strength within those who may not have heard it before.

# Day 10: Freedom

And on another occasion He said, 'If the Son sets you free, you will be free indeed.' - John 8:36

It is for freedom that Christ has set us free. Stand firm then, do not let yourselves be burdened again by a yoke of slavery. - Galatians 5:1

## In the name of Jesus Christ...

I bless you with freedom from stress, frustration, anxiety and depression. You will be able you face the events of your life with peace of mind and an inner joy that will dispel all negative emotions.

I bless your mind's pathways and thinking patterns to be found in hope, assurance, contentment, peace and freedom.

I bless your thoughts to be ordered, steadied, rational and focused on the truth. I bless you to pursue His thoughts, his finest details for the beautiful story that is your life.

I bless you to glorify God by following His instruction to not worry about anything. Instead, you will pray about everything, telling Him your needs and thanking Him for His presence and provision. You are blessed with a free spirit that is unaffected by worry.

I bless you to choose to live in freedom by : pursuing His heart; following His ways; believing His promises; keeping His commands and firmly fixing your eyes, mind and soul on Jesus.

I bless your voice and hands to bring freedom to the captives. To break strongholds in Jesus name, bringing the light-giving message of Jesus to those living in fear, restriction, pain, sadness or turmoil.

I bless your life, in Jesus name to be marked by freedom throughout all your days.

# Day 11: Friendships

Perfume and incense bring joy to the heart, and the pleasantness of a friend springs from their heartfelt advice. - Proverbs 27:9

My command is this: Love each other as I have loved you. Greater love has no one than this: to lay down one's life for one's friends. You are my friends if you do what I command. - John 15:12-15

## In the name of Jesus Christ...

I bless you with close, trusted and secure friendships that bring you joy and provide you with a safe place to be and to remain.

I bless you with friends who allow you to be your true self and those who cheer your successes and minimise your losses.

I bless you with life-long friendships that are packed full of adventures, stories, memories and fun. May each of your moments with friends bring laughter, shelter, shared admiration, celebration and understanding.

I bless you with the wisdom and courage to walk away from friendships that lack value, honesty and intentionality.

I bless you with discernment and a firm hold of values as you choose your trusted circle of people.

I bless you to love your friends and family, as Jesus has loved you and to follow His example.

I bless you to be a gatherer of people, one who looks for the one left behind and welcomes them in.

I bless you to be loyal, faithful, trustworthy and unselfish and to love your friends and neighbours as you love yourself.

I bless you to value your friendship with Jesus first, above all others and to keep holding His hand and listening for His approval above all the rest.

# Day 12: Clear Direction

Search me O God and know my heart , test me and know my anxious thoughts, see if there be any offensive way in me and lead me on the path everlasting. - Psalm 139:23-24

Trust in the Lord with all your heart and lean not on your own understanding. In all your ways acknowledge Him and He will direct your paths. - Proverbs 3:5-6

## In the name of Jesus Christ...

I bless the choices you will make throughout your life. I pray you will understand their significance and impact upon the bigger story of who God is calling you to be.

I bless you to pursue His thoughts, all the rest are just details.

I bless you to always allow Him to 'unfilter' your heart, that He may lead you 'on the path everlasting.'

I bless the ways of your feet- That you will not turn to the right or to the left from the path that God has planned for you.

May you have clear direction on the road you are to walk today and always. When you allow the Lord to direct your steps, He takes delight in each move you make.

I bless you to trust the Father's heart above your own understanding and hold Him as the guiding light of your life, even during those moments when you feel uncertain or unclear.

I bless you to refuse to settle with anything lesser than the immeasurably more that He has planned for you.

I bless you to lead others into their purpose, in the knowledge that He has plans to prosper them and offers a bright future, filled with promise.



# Day 13: A Controlled Tongue

Those who guard their mouths and their tongues keep themselves from calamity. – Proverbs 21:23

Instead, speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is, Christ. – Ephesians 4:15

Likewise, the tongue is a small part of the body, but it makes great boasts. Consider what a great forest is set on fire by a small spark. – James 3:5

## In the name of Jesus Christ...

I bless your tongue to worship Him.

I bless your mouth to speak words that encourage, affirm and empower those around you. May you be “quick to listen, slow to speak and slow to become angry.”

I bless you to learn in early days to weigh your words and measure your thoughts before you release them from your lips.

I bless you with an understanding of how important it is in life to set a guard over your mouth and to keep watch over the words you share. You will not speak negative and hurtful words that cause pain and wound spirits.

I bless you to always speak the truth, in love. I bless your conversations to be wholesome, pure, gentle, kind and considered.

I bless your words to bring hope, assurance, comfort and happiness to others.

You will learn to express kind words and profitable advice that will edify your family and friends.

# Day 14: Creativity

He is the Maker of heaven and earth, the sea, and everything in them— he remains faithful forever. Psalm 146:6

May the favour of the Lord our God rest on us; establish the work of our hands for us—yes, establish the work of our hands. – Ps 90:17

## In the name of Jesus Christ...

I bless your imagination with creative thoughts that, when brought to reality, will bring glory to Him and blessing to others.

Within you dwells the spirit of creativity, for you are made in the image of your great creator, the maker of heaven and earth.

I pray you will know that He is the one who gives you ideas to design, build, explore and perform.

I bless you to value creativity as a gift from your Heavenly Father, one that will lead others into a greater understanding of who He is and ultimately into discovering the beauty of knowing and loving Him as creator.

I bless you to enjoy music, I bless you with the ability to praise God with your voice and musical instruments, and always from your heart. May He establish the work of your hands and beautify your offering as you present it to Him, as your act of worship.

I bless your mind to see and wonder at the glory of God in everything and everyone.